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OxLEP Skills: Picks of the Week

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## Picks of the Week: Results Days

This special Picks of the Week contains links to useful information and support for on and around results days 2023 that you can share with your students and parents/carers.



## Support For Results Days

### OXME

<https://oxme.info/learn/results-day>

Oxme.info is Oxfordshire County Council's website for young people. It has a really useful results day page to support students with preparing for results days, next steps and where to get support.

everything for young people in Oxfordshire

oxme.info

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## The Careers & Enterprise Company

<https://resources.careersandenterprise.co.uk/resources/support-students-results-days>

The CEC have collated key advice, resources and support to help careers colleagues to prepare, deliver and reflect on results days.

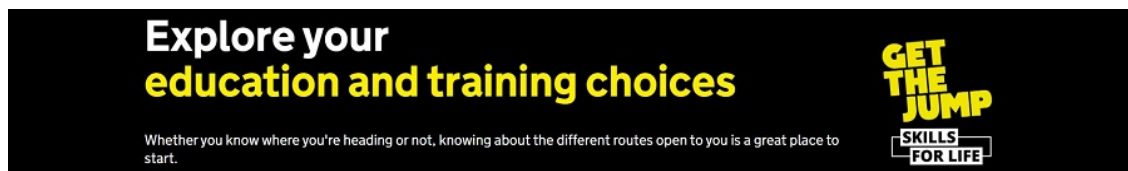
## National Careers Service

The National Careers Service 'Get The Jump' careers hub lists all the different post 16 and 18 options available - including apprenticeships, T Levels, Traineeships, supported internships, school leaver schemes and more - to help students to explore all their options. During the exam results period, the hub will feature key information on resits, Clearing, appeals and more.

### Exam Results Helpline

Tel: 0800 100 900

Students can chat to an expert careers adviser for free to get impartial support to help them choose their best next step. They can chat via webchat or over the phone by calling the Exam Results Helpline, will be open from **18th August to 2nd September from 08:00-20:00 on weekdays and 10:00-17:00 on Saturdays.**



**Explore your education and training choices**

Whether you know where you're heading or not, knowing about the different routes open to you is a great place to start.

**GET THE JUMP**  
SKILLS FOR LIFE

## University and Colleges Admissions Service (UCAS)

[www.ucas.com/undergraduate/clearing-and-results-day/about-results-day](http://www.ucas.com/undergraduate/clearing-and-results-day/about-results-day)

The UCAS website has everything you need to know about results day, including how to prepare, what to do on the day, accepting your place, Clearing and more. Students can also read this [letter from Ofqual and UCAS](#), published on 18th July, for some advice and tips.

### UCAS Streetview

[www.youtube.com/playlist?list=PLwtlyai-05bUmZPNett3pZfPf2AdoYxml](https://www.youtube.com/playlist?list=PLwtlyai-05bUmZPNett3pZfPf2AdoYxml)

UCAS have released a new video series, which includes a preparing for results day film showing experts explain how Clearing works, what to do if you change your mind and how to prepare for uni life.

### Clearing

[www.ucas.com/clearing-launch](http://www.ucas.com/clearing-launch)

From **5th July to 17th October 2023**, you can apply for a course using Clearing if you're not already holding an offer from a university or college and the course still has places.



## BBC Bitesize Parents/Carers Toolkit

The BBC Bitesize Support team have put together a toolkit to help parents and carers support their young people during the results day period. It contains practical information about what to expect and how to prepare, as well as useful guidance on wellbeing and emotional support and how to help young people manage their feelings on and around results days.



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## Mental Wellbeing

<https://oxme.info/results-day-2022/results-day-mental-wellbeing>

Results days are an exciting time. But they can also be stressful. Being prepared and knowing what to expect will help. This page contains some useful advice and links.

## Youth in Mind Guide

[www.oxfordshiremind.org.uk/app/uploads/dlm\\_uploads/2022/06/YiM-GUIDE-2022-HYPERLINKS.pdf](http://www.oxfordshiremind.org.uk/app/uploads/dlm_uploads/2022/06/YiM-GUIDE-2022-HYPERLINKS.pdf)

Oxfordshire Mind has created this useful guide to local mental health support services.

## Results Day Stress and Mental Health

[www.thecompleteuniversityguide.co.uk/student-advice/final-choice/results-day-stress-and-mental-health](http://www.thecompleteuniversityguide.co.uk/student-advice/final-choice/results-day-stress-and-mental-health)

The Complete University Guide have prepared some tips and advice to help students cope with results day stress.

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## Finding Your Best Next Step

## Get Sorted for September

<https://oxme.info/news/ready-september>

This useful article gives advice on how students who are leaving school and don't yet have a place in

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### Register for Support

[www.oxme.info/register](http://www.oxme.info/register)

Young people aged 16+ who are leaving school without plans for September can register for support from the Oxfordshire County Council Education, Employment and Training (EET) Support Service.

### Search Local Opportunities

<https://oxme.info/opportunities>

The oxme.info opportunities page lists courses, apprenticeships and other learning and development opportunities, which you can filter by type and location.

### Sign up for Weekly Bulletins

<https://oxme.info/earn/weekly-bulletins>

You can sign up to receive weekly bulletins from the EET Team, which are a great way to get ideas and inspiration for next steps.

### Disability Rights UK - Get Ahead

[www.disabilityrightsuk.org/get-ahead](http://www.disabilityrightsuk.org/get-ahead)

This toolkit and resource co-produced with and for disabled young people will help you navigate the wide range of information and resources that are available in post 16 education, training and work.

### Not Going to Uni

[www.notgoingtouni.co.uk](http://www.notgoingtouni.co.uk)

A useful starting point for students who are looking for alternatives to going to university. It includes apprenticeships, jobs, work experience and more.



**WHERE ARE YOU HEADING THIS SEPTEMBER?**

If you're unsure of your September plans, support is available.  
Contact your local FE College, or ask for support from the EET Team:

[www.oxme.info/register](http://www.oxme.info/register)

### Local Colleges and Training Providers - Post 16

colleges and private colleges. Have a look at their websites for details of any results day drop in events and open days.

[Abingdon & Witney College](#)

[Banbury & Bicester College](#)

[Bucks College Group](#)

[City of Oxford College](#)

[The Henley College](#)

[Reading College](#)

[Find an independent \(private\) college](#)

## Training Providers

<https://oxme.info/learn/training-providers>

Local training providers offer alternative options for 16+ learning, including full and part time courses, pre-apprenticeships, community-based programmes, engagement and specialist support. Some of them are listed on this page.

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## Apprenticeships - Post 16 and 18

There are lots of websites offering information about apprenticeships. Here are some of our favourite ones.

### Find an Apprenticeship

[www.gov.uk/apply-apprenticeship](http://www.gov.uk/apply-apprenticeship)

The government's 'Find an Apprenticeship' website advertises apprenticeships in England. You can register on the website, giving details of what types of apprenticeships you're interested in to receive alerts when new opportunities that meet your criteria are posted.

### Amazing Apprenticeships

<https://amazingapprenticeships.com>

Amazing Apprenticeships has lots of useful guides and advice, including monthly [Parents/Carers Packs](#).

### The Apprenticeship Guide

[www.apprenticeshipguide.co.uk](http://www.apprenticeshipguide.co.uk)

The Apprenticeship Guide is a good place to start if you're interested in apprenticeships but not sure what you'd like to do. You can search by school subject and type of work to see which apprenticeships would be a good match for your skills and interests.

### UCAS

[www.ucas.com/apprenticeships](http://www.ucas.com/apprenticeships)

UCAS has introduced a new tool for searching for apprenticeships, to help students find and compare

## Higher and Degree Apprenticeship Listing

<https://amazingapprenticeships.com/higher-degree-listing>

Students who are interested in higher and degree apprenticeships (level 4+) can download a list of organisations that offer them as a useful starting point.

## Find Your Future

[www.oxlepskills.co.uk/findyourfuture](http://www.oxlepskills.co.uk/findyourfuture)

Find Your Future is our online careers platform where you can find information and inspiration about your next step under one 'virtual roof'. Explore the different employment sectors available in Oxfordshire, connect with local and national employers, research post 16 and 18 options including colleges, apprenticeships, T Levels and universities and discover tips on the skills employers are looking for, CV writing and how to succeed at interviews.



## Oxfordshire Your Futures

<https://oxfordshire.yourfutures.uk>

Oxfordshire Your Futures provides information about future study options and labour market opportunities in an accessible and easy to digest format to support young people with special educational needs and disabilities (SEND) and their parents and carers.



For more information on any of the articles in this update, please contact us at: [skills@oxfordshirelep.com](mailto:skills@oxfordshirelep.com)

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